

# Don't drop out because of meningitis

## Meningitis and septicaemia symptoms

- **Fever and/or vomiting**
- **Severe headache**
- **Limb, joint,  
muscle pain**
- **Cold hands and feet,  
shivering**
- **Pale**
- **Breathing fast,  
breathless**
- **Rash**
- **Stiff neck**
- **Dislike of  
bright lights**
- **Very sleepy,  
difficult to wake,  
vacant**
- **Confused,  
delirious**
- **Seizures (fits)**



**Meningitis & septicaemia kill**  
**Knowing the symptoms saves lives**

**Freefone helpline**

**080 8800 3344** (UK)    **1800 41 33 44** (Ireland)

**[www.meningitis.org](http://www.meningitis.org)**

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