

Support older people in need
this Christmas



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ALONE Christmas Cards

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to place your order!

ALONE

there when you need us



ALONE, Olympic House, Pleasants Street, Dublin 8
Phone: 01 6791032 Email: fundraising@alone.ie
Web: www.alone.ie CHY8259

ABOUT ALONE

Founded in 1977 by fireman Willie Bermingham, ALONE is an independent registered charity working with the 10% of older people that are considered vulnerable and at risk of loneliness, poverty, sub-standard housing conditions, poor physical and mental health and homelessness.

ALONE has a vision of a society where all older people are included as valued and empowered members of their community. We support older people in need through three main services:

Our **volunteer befriending service** provides companionship to over 200 people each week suffering from loneliness and isolation. All our 150 volunteers are Garda vetted and fully trained. In addition to this, we also run a number of small and large social events throughout the year providing a vital social outlet for older people in need.

Our **community response service** provides support to older people who are in crisis situations such as housing, financial, medical or personal safety. We work in partnership with various other agencies to ensure each older person has all of the resources required to meet their needs. Demand for this service is continuing to increase and calls requesting support in the latter half of 2011 rose by 50% compared with the same period in 2010.

Our **housing support service** provides 100 homes for life for older people who were homeless or at risk of homelessness. Each older person is supported to pursue their life goals ensuring they hold on to their own independence for as long as possible. We are committed to ensuring our houses are all upgraded to an age-friendly and energy efficient standard. Currently, we receive an average of 30 applications for every house that becomes vacant.

ALONE doesn't receive any government funding for the day to day running of our services. We are a volunteer led organisation with a ratio of 15 volunteers to each staff member ensuring costs are kept to a minimum and the maximum benefit of the donations we receive goes towards the older people we work with.

"Please support our Christmas card campaign so that we can continue to support more older people that will need us in the months ahead".

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